

Bottle: Do not use if printed foil seal under bottle cap is open or torn.

Blister: Do not use if the individual blister unit is open or torn.

**WHAT YOU
SHOULD
KNOW ABOUT:**

Famotidine Tablets, USP 10 mg

Acid Reducer

PACKAGE INSERT
Tablets

A non-prescription stomach medicine

Famotidine Tablets, USP contains a medicine, different from antacids, that doctors have prescribed for years to treat acid-related problems in millions of people.

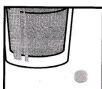
- Product Benefits:**
- **1 tablet** relieves heartburn due to acid indigestion.
 - Famotidine Tablets, USP prevents heartburn associated with acid indigestion and sour stomach brought on by eating or drinking certain foods or beverages.
 - It contains famotidine, a prescription-proven medicine.

How to use Famotidine Tablets

Adults and children 12 years and over:

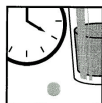
- Use this product to relieve or prevent heartburn due to acid indigestion and sour stomach.

Children under 12 years: ask a doctor



TO RELIEVE SYMPTOMS

Swallow 1 tablet with a glass of water (do not chew).



TO PREVENT SYMPTOMS

Swallow 1 tablet with a glass of water **60 minutes before** eating food or drinking beverages that cause heartburn.

Famotidine Tablets, USP, 10 mg can be used up to twice daily (up to 2 tablets in 24 hours)

Excess acid: a burning problem

It is normal for the stomach to produce acid, especially after consuming food and beverages. However, acid in the wrong place (the esophagus), or too much acid, can cause burning pain and discomfort that interfere with everyday activities.

• Heartburn — Caused by acid in the esophagus

A valve-like muscle called the lower esophageal sphincter (LES) is relaxed in an open position



Burning pain/discomfort

Excess acid moves up into esophagus

Tips for Managing Heartburn

- Do not lie flat or bend over soon after eating.
- Do not eat late at night, or just before bedtime.
- Certain foods or drinks are more likely to cause heartburn, such as rich, spicy, fatty, and fried foods, chocolate, caffeine, alcohol, and even some fruits and vegetables.
- Eat slowly and do not eat big meals.
- If you are overweight, lose weight.
- If you smoke, quit smoking.
- Raise the head of your bed.
- Wear loose fitting clothing around your stomach.

Excellent safety record

The ingredient in this product, famotidine, has been prescribed by doctors for years to treat millions of patients safely and effectively. The active ingredient in this product has been taken safely with many frequently prescribed medications.

Know when to see your doctor

Allergy alert: Do not use if you are allergic to famotidine or other acid reducers

Do not use

- **if you have trouble or pain swallowing food, vomiting with blood, or bloody or black stools.** These may be signs of a serious condition. See your doctor.
- with other acid reducers

Ask a doctor before use if you have

- had heartburn over 3 months. This may be a sign of a more serious condition.
- heartburn with **lightheadedness, sweating, or dizziness**
- chest pain or shoulder pain with shortness of breath; sweating; pain spreading to arms, neck or shoulders; or lightheadedness
- frequent **chest pain**
- frequent wheezing, particularly with heartburn
- unexplained weight loss
- nausea or vomiting
- stomach pain

Stop use and ask a doctor if

- your heartburn continues or worsens
- you need to take this product for more than 14 days

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Questions or comments?



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